

ALLY SAFETY

TOOLBOX TALK TOPICS

BASIC SAFETY CONCEPTS

1. 3 Tips for Working Alone Safety
2. Falling Object Protection
3. Hazard vs. Risk
4. Housekeeping
5. Mindfulness at Work
6. OSHA Competent and Qualified Roles
7. Preventing Slips, Trips, and Falls
8. Safety's Hierarchy of Controls
9. The Incident Pyramid
10. Utility Knife Safety

BLOODBORNE PATHOGEN SAFETY

11. Bloodborne Pathogen Clean-Up Methods
12. Bloodborne Pathogen Exposure Control Plans
13. Bloodborne Pathogens in the Workplace
14. What is a Bloodborne Pathogen?

CAUGHT-IN AND -BETWEEN HAZARDS

15. Caught-In and -Between Safety Tips
16. The Top 3 Caught-In Hazards

CONFINED SPACE TRAINING

17. 3 Ways to Identify Confined Spaces
18. Atmospheric Testing
19. Common Confined Space Hazards
20. Entrant, Attendant, and Supervisor Responsibilities
21. How to Complete a Confined Space Permit
22. Introduction to Confined Spaces
23. Permit-Required Confined Spaces

CONSTRUCTION SAFETY

24. 3 Skid-Steer Safety Tips
25. Excavation and Trenching Hazard Assessments
26. Excavation and Trenching Protective Systems
27. Soil Classification
28. Soil Mechanics and Trench Collapse
29. What to Do if a Trench Collapse Occurs

DRIVING SAFETY

30. Distracted Driving
31. Fatigue, Road Rage, and Careless Driving
32. Impaired Driving
33. Improper Driving Speed
34. Seatbelts in Accidents Demonstration

ELECTRICAL SAFETY AWARENESS

35. 6 Quick Electrical Safety Tips
36. Arc Flash Hazards
37. Electrical Injury and Fatality Facts
38. Electrical Shock Response
39. GFCI's
40. How Electrical Shock Occurs
41. The Basics of Electricity

EMERGENCY PREPAREDNESS

42. Emergency Action Plans
43. Emergency Roles and Responsibilities
44. How to Evacuate

ERGONOMICS IN THE WORKPLACE

45. 3 Tips for Better Ergonomic Positioning
46. Body Mechanics and Ergonomics
47. Injury Prevention Lessons from Athletes

- 48. Office and Workstation Ergonomics
- 49. Office Ergonomics
- 50. Reducing Ergonomic Risks

FALL PROTECTION TRAINING

- 51. 3 Questions for Work at Heights
- 52. Competent and Qualified Roles
- 53. Fall Protection Care and Maintenance
- 54. Fall Protection History
- 55. Pre-Use Inspection, Don and Adjust
- 56. The ABC's of Fall Protection (Short Version)
- 57. The ABCD's of Fall Protection (Long Version)

FIRE SAFETY

- 58. 10 Ways to Prevent Fires
- 59. Evacuating for a Fire
- 60. Fire Extinguisher Types
- 61. Flammable and Combustible Gases
- 62. How to Inspect a Fire Extinguisher
- 63. How to Use a Fire Extinguisher
- 64. Old School Fire Extinguisher Video
- 65. Recognizing Fire Hazards
- 66. The Fire Triangle
- 67. Fire Extinguisher Training 2023

FORKLIFT SAFETY AWARENESS

- 68. Forklift Hazards
- 69. Forklift Key-Off Inspections
- 70. Forklift Key-On Inspections
- 71. Forklift Pedestrian Safety
- 72. Forklift Safe Operation Basics
- 73. Forklift Safety Statistics
- 74. Forklift Types and Components
- 75. The Forklift Stability Pyramid

HAZARD COMMUNICATION TRAINING

- 76. GHS Pictograms Explained
- 77. Hazardous Substance Labels
- 78. Hazardous Substance Secondary Labels
- 79. Safety Data Sheets
- 80. Simple Spill Clean-Up Demonstration
- 81. The Hazard Communication Standard Explained

HAZARD ASSESSMENTS

- 82. How to Do a Hazard Assessment
- 83. Types of Hazards
- 84. What is a Hazard Assessment?
- 85. What's the Risk?!

HOLIDAY SAFETY

- 86. 3 Thanksgiving Safety Tips
- 87. The 12 Hazards of the Holidays
- 88. Firework Safety

LADDER SAFETY

- 89. 5 Ladder Safety Facts You Need to Know
- 90. How to Choose the Right Ladder for the Job
- 91. Ladder Care and Storage
- 92. Ladder Do's and Don't's
- 93. Ladder Safety in 4 Minutes
- 94. Portable Ladder Inspections
- 95. Portable Ladder Set Up

LOCKOUT TAGOUT

- 96. Emergency Lock Removal
- 97. Group Lockout Tagout
- 98. Identifying Hazardous Energy Sources
- 99. Lockout Tagout Explained
- 100. Locks, Tags, and More
- 101. Simple Lockout Tagout Demonstration
- 102. The 3 Lockout Tagout Roles and Responsibilities

MACHINE GUARDING

- 103. The Top 3 Machine Hazards
- 104. Types of Machine Guards
- 105. Working Safely Around Machines

NOISE AND HEARING CONSERVATION

- 106. How Loud is Too Loud?
- 107. How to Protect Your Hearing
- 108. How to Properly Insert Foam Earplugs

OSHA

- 109. What is OSHA?
- 110. Top 10 OSHA Violations of 2023

PPE TRAINING

- 111. Hard Hat Care
- 112. Hard Hat Impact Test
- 113. Match the PPE to the Hazards
- 114. PPE – The Last Line of Defense
- 115. Safety Glasses vs. Non-Safety Glasses
- 116. Safety Toe vs. Non-Safety Toe Test
- 117. Testing Chainsaw Chaps
- 118. Testing PPE

RESPIRATORY PROTECTION

- 119. Respirator Cartridges and Filters
- 120. Respirator Cleaning and Storing
- 121. Respirator Donn, Doff, and Seal Check
- 122. Respirator Exams and Fit Testing
- 123. Respirator Types
- 124. Respiratory Hazards
- 125. The Weird History of the Respirator

SCAFFOLD SAFETY AWARENESS

- 126. Common Scaffold Hazards
- 127. Identifying Scaffold Hazards
- 128. Introduction to Scaffold Safety
- 129. Scaffold Roles and Responsibilities

SPANISH DUBBED VIDEOS

- 130. Body Mechanics and Ergonomics
- 131. How to Inspect Portable Ladders
- 132. Preventing Slips, Trips, and Falls
- 133. Safety Data Sheets
- 134. The Hazard Communication Standard

The Top 4 Struck-By Hazards

HAZARDS

- 135. 4 Struck-By Hazard Safety Tips
- 136. The Top 4 Struck-By Hazards

WALKING-WORKING SURFACES

- 137. Dockboards
- 138. Floor and Wall Openings
- 139. Stairs

WEATHER-RELATED SAFETY

- 140. 10 Cold Weather Safety Tips
- 141. Driving for the Road Conditions
- 142. Heat Illness Prevention
- 143. Heat Exhaustion vs. Heat Stroke
- 144. Wildfire Smoke Safety

WOMEN AT WORK: SAFETY SPOTLIGHT

- 145. The Pregnant Workers Fairness Act
- 146. 4 Tips for Pregnancy Safety at Work